

**David S. Cross, M.D., Ph.D.**

- Pediatric & Adult Otolaryngology
- Head and Neck Surgery

8409 North Run Medical Drive  
 Mechanicsville, VA 23116  
 (804) 569-6240

**Patient Name:** \_\_\_\_\_

**Chart Number (office use only):** \_\_\_\_\_

**Reason for Visit:** \_\_\_\_\_

## Health Questionnaire

To be completed by the patient, parent, or caregiver. Please print.

Height (in): \_\_\_\_\_

Weight (lbs): \_\_\_\_\_

**Family History** (If you or any blood relative has suffered any of the following, please mark and provide which relative.)

<b>Illness:</b>	<b>Relative:</b>
( ) Epilepsy (Seizures)	_____
( ) Migraine headaches	_____
( ) Mental Illness	_____
( ) Glaucoma	_____
( ) Diabetes	_____
( ) Thyroid goiter	_____
( ) Seasonal allergies	_____
( ) Asthma	_____
( ) Anemia	_____
( ) Bleeds Easily	_____
( ) Osteoporosis	_____
( ) Arthritis	_____
( ) Heart Disease	_____
( ) Stroke	_____
( ) Cancer (list type)	_____
( ) Stroke	_____
( ) High Cholesterol	_____
( ) Alcoholism	_____
( ) Other Substance Abuse	_____
( ) Genetic Disease	_____
( ) High Blood Pressure	_____

**Medical History** (Check for a current or past problem.)

**Respiratory System**

- ( ) Asthma
- ( ) Emphysema
- ( ) Other: \_\_\_\_\_

**Cardiovascular System**

- ( ) Hypertension
- ( ) High cholesterol
- ( ) Coronary artery / Heart disease

**Endocrine System**

- ( ) Diabetes
- ( ) Thyroid disease
- ( ) Other: \_\_\_\_\_

**Gastrointestinal System**

- ( ) Difficulty swallowing
- ( ) Ulcer
- ( ) Hiatal hernia
- ( ) Gastroesophageal reflux / Heartburn / Indigestion
- ( ) Other: \_\_\_\_\_

**Neurologic System**

- ( ) Diabetes
- ( ) Thyroid disease
- ( ) Other

**Urologic System**

- ( ) Kidney Stones
- ( ) Prostate problems
- ( ) Other: \_\_\_\_\_

**Hematologic System**

- ( ) Anemia
- ( ) H.I.V.
- ( ) Leukemia

**Otolaryngology**

- ( ) Glaucoma
- ( ) Malignancies
- ( ) Hiatal Hernia

**Other (please list):** \_\_\_\_\_

**Current Medications** (List all medications that you take. Include those that you take without a prescription, including vitamins and dietary supplements.)

<b>Name of Medication:</b>	<b>Strength:</b>	<b>Reason for Taking:</b>
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____

(Please attach separate sheet or write on back if more space is required.)

**Drug Allergies** (List all drug allergies, including the associated reaction. Please attach separate sheet or write on back if more space is required.)

Name of Medication:	What was your reaction?:
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____

**Past Medical History** (Please list significant past surgeries or major illnesses. Indicate the year of hospitalization and the reason, do not include normal pregnancies)

Year:	Surgery/Illness:	Reason:
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Lifestyle and Habits**

Tobacco use:

- ( ) No tobacco history
- ( ) Tobacco history, but no current use  
When did you quit? \_\_\_\_\_ How long did you smoke for? \_\_\_\_\_
- ( ) Current cigarette use  
Packs per day: \_\_\_\_\_ How long have you smoked? \_\_\_\_\_
- ( ) Other tobacco products (please list:) \_\_\_\_\_

Current alcohol use:

- ( ) No alcohol use
- ( ) Current alcohol use  
Number of standard drinks per week: \_\_\_\_\_  
(1 standard drink = 12 oz beer, 4 oz wine, or 1.5 oz spirits)

Current caffeine consumption:

- ( ) No caffeine consumption
- ( ) Current caffeine consumption:  
Cups of coffee (or equivalent) per day: \_\_\_\_\_  
(1 cup of coffee = 70-140 mg caffeine )

Aspirin use ( ) : dose \_\_\_\_\_ mg; #per day: \_\_\_\_\_

Regular exercise ( ) \_\_\_\_\_ times a week of 30 minutes or more

**I hereby certify that the information provided above is correct and true to the best of my knowledge.**

\_\_\_\_\_  
Patient's Signature (if 18 or older)

\_\_\_\_\_  
Parent, Guardian, or Responsible Party Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Physician Reviewed

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date